# **CCTN® Exam Review**



## **Course Description**

This course combines content addressing domains of cognitive ability, critical thinking, clinical practice, research and evidence-based practice. This clinical and certification test review is based on a topical outline from the American Board for Transplant Certification. This course is designed for the experienced transplant nurse to focus his or her review of transplant content in preparation for the professional certification examination. This course also serves as a concise clinical update on care of the transplant patient from initial evaluation for transplant candidacy through transplantation, postoperative care, hospital discharge and follow-up.

### **Program Learning Outcomes**

This program prepares the learner to:

- Articulate clinical and lab findings consistent with end-stage hepatic failure indicating possible transplant candidacy and make appropriate changes to the patient and family plan of care.
- Differentiate clinical and lab findings associated with organ rejection vs. acute infection.
- Identify potentially abnormal blood levels of immune-modulating agents and make appropriate recommendations for titration of therapy.
- Differentiate between hyperacute, acute and chronic rejection in the solid organ recipient and make appropriate recommendations for clinical management.
- Apply critical thinking strategies in managing the transplant patient in all phases of care from initial evaluation through transplant surgery, hospital discharge and follow-up.

### Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

<b>1</b> , 8:00 am to 4:00 pm		
0800	Welcome and Introduction	
0815	Pathophysiology of Hepatitis C Hepatitis C Pathophysiology   Pathway to Hepatic Failure	
0900	<b>Multiple Indications for Liver Transplantation</b> Fulminant Hepatic Failure   Hepatocellular Carcinoma   Toxin Exposure   MELD Score Factors and Calculation	
0945	Break	
1000	Considerations for the Patient in Hepatic Failure or Preop Liver Transplant Patient Multisystem Support   Neurologic Issues   Bleeding Issues	
1045	Clinical Effects of Organ Failure Consequent to Hepatic Injury Brain Failure   Renal Consequences   Pulmonary Consequences   Hemodynamic Consequences	
1200	Lunch	
1300	<b>Kidney and Pancreas Transplantation</b> Kidney Transplant Indications   Pancreas Transplant Indications	
1345	<b>Management Considerations for Kidney and Pancreas Recipients</b> Kidney Transplant Intraoperative Phase   Kidney Transplant Postoperative Phase   Pancreas Transplant Intraoperative Phase   Pancreas Transplant Postoperative Phase	
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1445	Break
1500	Management Considerations for Kidney and Pancreas Recipients (cont.) Immediate Postoperative Period: SICU   Bleeding   Oxygenation   Hemodynamic Status   Lab Studies   Complications   Transplant Floor
1600	Adjourn
Day 2, 8:00	am to 4:00 pm
0800	Immune System Physiology Immune System Anatomy and Physiology   Organ Recipient Issues   Physiology of Organ Rejection
0845	Immune Modulating Medications Classes of Agents
0915	Side Effects, Nursing Considerations and Indications of Immune Modulating Agents Calcineurin Inhibitors   Cyclosporine   Immune Globulin   Steroids   Timing of Therapy
0945	Break
1000	Assessment and Monitoring Parameters Associated with Post-transplant Complications Heart Transplant   Liver Transplant   Kidney Transplant   Pancreas Transplant   Lung Transplant   Infectious Complications   Psychosocial Concerns
1200	Lunch
1300	Clinical Findings of End-Stage Cardiac and Pulmonary Failure as Indications for Transplantation Cardiac Failure   Pulmonary Failure
1430	Break
1445	Patient and Family Education Pre-Transplant Education   Post-Transplant Education   Discharge Planning
1545	Ethical Considerations Confidentiality

1600 Adjourn

# Accreditation

#### **RN/LPN/LVN/Other: 13 Contact Hours**

#### Includes 3 Pharmacology Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



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